

MUSO SHINDEN RYU

OMORI RYU

1. **Shohatto** (*Initial Beginning Sword Movement*)
2. **Sato** (*A sword movement left*)
3. **Uto** (*A sword movement right*)
4. **Atarito** (*A sword movement checking/striking*)
5. **In-yo-shintai** (*Yin-Yang Forwards and Backwards*)
6. **Ryuto** (*Sword movement with flowing continuity, uninterrupted*)
7. **Junto** (*Sword movement involved in Junshi = Seppuku*)
8. **Gyakuto** (*Reversal sword movement*)
9. **Seichuto** (*Sword movement straight to the center*)
10. **Koranto** (*The tiger's run*)
11. **Gyakute in-yo-shintai** (*Reverse in-yo-shintai*)
12. **Batto** (*Drawing the sword*)

HASEGAWA EISHIN RYU

1. **Yoko gumo** (*The cloud in the distance*)
2. **Tora issoku** (*The step of the tiger*)
3. **Inazuma** (*Lightening*)
4. **Uki gumo** (*Floating cloud*)
5. **Yamashita oroshi** (*The type of particular storm in Japan*)
6. **Iwanami** (*Wave of rocks*)
7. **Uroko gaeshi** (*Scratching fish scales*)
8. **Nami gaeshi** (*The wave breaks OR turn over*)
9. **Taki otoshi** (*The waterfall dropping*)
10. **Nuki uchi** (*The strike upon drawing*)

OKUDEN

OKUDEN SUWARI IAI

1. **Kasumi** (*Mist*)
2. **Sune gakoi** (*Shielding the tibia*)
3. **Tozume** (*Hemmed-in or pinned at the door*)
4. **Towaki** (*Beside the door – egress*)
5. **Shihogiri** (*Four directions cut, all directions cut*)
6. **Tanashita** (*Beneath the overhang*)
7. **Ryozume** (*Double pin, Hemmed-in on both sides*)
8. **Tora bashiri** (*The Tiger's charge*)

OKUDEN TACHI IAI

1. **Yuki zure** (*Escorting*)
2. **Tsure dachi** (*Those Accompanying*)
3. **Somakuri** (*All around*)
4. **Sodome** (*Everything stops*)
5. **Shinobu** (*Discretion OR invisibility OR stealthy*)
6. **Yukichigai** (*Opposite or wrong direction OR passing by*)
7. **Sode suri gaeshi** (*Brushing sleeves*)
8. **Moniri** (*Entering through the gate*)
9. **Kabezoe** (*Hemmed in by Walls OR Against Walls*)
10. **Uke nagashi** (*Receiving and Flowing*)
11. **Itomagoi (ipponme)** (*Farewell Visit 1*)
12. **Itomagoi (nihonme)** (*Farewell Visit 2*)
13. **Itomagoi (sanbonme)** (*Farewell Visit 3*)

AIKI TOHO IAI

1. **Mae**
2. **Uke nagashi** (*aihanmi ikkyo*)
3. **Ushiro** (*gyaku hanmi kaitennage*)
4. **Zengo giri** (*aihanmi shihonage*)
5. **Sayu** (*gyaku hanmi shihonage*)
6. **Tsuka osae** (*gyaku hanmi nikyo*)
7. **Tekubi osae** (*aihanmi nikyo*)
8. **Kawashi tsuki** (*tsuki sankyo*)
9. **Tsuke komi** (*shomen uchi kotegaeshi*)
10. **Tsume** (*shomen uchi iriminage*)
11. **Sanpo giri** (*gyaku hanmi sankyo*)
12. **Shiho giri** (*shomen uchi shihonage*)
13. **Nuki awase** (*shomen uchi gokyo*)
14. **Todome** (*gyaku hanmi yonkyo*)
15. **Suemonogiri**